REGISTRATION FORM

Please Print	
Name	3 7 6
Address	
City	StateZip
Phone	
Email	<u> </u>
DOB	Sex: M F
Shirt Size: S M	L XL XXL
5K 10K	_Half

CAFEES 5K - \$20 10K - \$25 Half - \$30

Make Checks payable to: City of Danville

If you plan to register on the day of the event: 7:30 a.m. - 8:30 a.m. - Cash only!

Preregister over the phone 799-5150 or Online at www.playdanvilleva.com Online registration ends Feb. 28 at midnight Swag guaranteed if registration is received by 5 p.m. on Feb. 21

> Mail checks and/or forms to: Parks and Recreation ATTN: Kyle Autrey P.O Box 3300 Danville, VA 24543

ASSUMPTION OF RISK/WAIVER

I, _____, wish to participate in the Sledge Trail Run offered by the Danville Department of Parks and Recreation.

I understand that the above-mentioned program involves activity that can be both strenuous and physically demanding and could result in my being physically injured. Such injuries could include strained, sprained or torn muscles, ligaments and tendons, broken bones, head or back injuries, concussions and even loss of life. I understand that this is only a partial list of the injuries I might receive as the result of engaging in this activity.

I understand the importance of following all rules and regulations relating to this activity, including the instructions of the person or persons supervising this activity and/or the requirements of the person or entity responsible for the area where the activity takes place. I agree to follow and comply with all such rules, regulations, instructions and/or requirements.

I understand that it is important that I be in good physical condition when I engage in this activity, and I understand that it is my responsibility to maintain an activity level that is compatible with my physical condition and skill level. I also release the use of my name, image, or any record of my participation in the event for promotional or publicity purposes without obligation to me.

I also expressly waive and covenant not to sue on any claim I might have against the City Danville or any officer or employee of the City of Danville, or any volunteer, or the estate or representatives of such person for any personal injury or loss I might sustain as the result of engaging in any activity relating to this program whether caused by negligence, breach of contract or otherwise; except that this waiver shall not apply to any claim I might have against the City of Danville or its agents for any such personal injury or loss I might sustain out of the gross or wanton negligence for any such person or entity. PLEASE READ CAREFULLY BEFORE SIGNING

Signature of Participant	Date
Signature of Guardian	Date

I have the following physical impairments or medical conditions, including allergic reactions:

I grant permission to the race coordinator to seek medical attention should the need arise and parent/next of kin cannot be reached by telephone.

Emergency Contact Information:
Name:
Address:
Phone:

Signature of Participant